

A close-up photograph of a woman's hands in a blue uniform filling small metal cans with fish. The background is a blurred industrial setting with other workers. The text 'WOMEN IN ONE-BY-ONE FISHERIES' is in white, and 'EMPOWERED THROUGH EMPLOYMENT.' is in pink.

WOMEN IN  
ONE-BY-ONE  
FISHERIES  
EMPOWERED  
THROUGH  
EMPLOYMENT.

Susana Sousa, Cannery worker, Santa Catarina Factory, Sao Jorge, Azores



*“When we  
have our jobs,  
we have our  
salaries, and  
we have our  
freedom. We  
don’t depend  
on anyone.”*



*“Since I started working here my life has changed a lot. I have a house and a daughter in University. All because of this salary.”*



# Nestled

in the hills of Sao Jorge, Azores, the Santa Catarina Tuna Canning Factory employs over 120 women to process, can and distribute locally caught one-by-one tuna. 120 women like Susana Sousa. Before working at Santa Catarina Canning Factory, Susana's job prospects were incredibly limited, but since she started working here, her life has changed a lot. Because of her job, Susana now has her own house and has been able to send her daughter to University. These are essential steps for women in remote communities to provide income and more diverse opportunities. All of this was possible because of her salary from the factory.

The factory provides free health checks for all employees, as well as annual health and safety training (including personal health), and, in an effort to help alleviate some of the financial costs associated with employment, the company arranges transport services to and from the factory for all employees.

Even more fundamentally than a salary, jobs like these offer Susana and thousands of women like her, freedom. When they have their own income, they don't have to depend on anyone else, they are free to make their own way.

Artisanal fisheries create 90% of jobs in the fisheries sector and one-by-one fisheries, like these in the Azores, provide these opportunities to a far greater number of people for each tonne of tuna they harvest. That is why the one-by-one fishery is so important for Sao Jorge, not only for the fishers and the dock workers, but for the women who are offered opportunities to create their own freedom in the Santa Catarina Factory. Together they form a cohesive coastal community.





MESTRE SOARES  
VILA DO PORTO



*“Artisanal fisheries create jobs, providing 90% of jobs in the fisheries sector. They are not only a source of income for many families, they also form social cohesion in coastal communities.”*

